

ROGERS AREA YOUTH BASKETBALL ASSOCIATION (RAYBA)
2010-2011 Girls In House Basketball
1st & 2nd Grade

Coaches are asked to explain the details of these rules to their players and their parents/guardians. All basketball rules shall be enforced by the game officials and/or Board Members.

GOALS

The goal of play is that each player shall be competent in knowing the lines, areas, and positions, avoiding double dribbling, and traveling, capable of proper passing and shooting techniques, and a positive sportsmanship attitude.

Players and Coaches

1. **Playing time:** All the girls on the team will play equal time. Each coach should be committed to playing all of his players as equally as possible during the course of the game. Defensively, players should be matched up according to size and ability.
2. **Attitude:** It is mandatory that all players feel like the first four/five players and provide them with constructive suggestions and criticism. This means letting different players start the game. Above all, create a pleasant situation where the girls can truly enjoy the game of basketball and leave with a desire to go home and improve their skills.
3. **Sportsmanship:** Players and coaches should not dispute referees call, even if there is a reason to do so. Players should shake hands after games. Coaches should not think of themselves and their desire to win, but they should think about their players desire to play. A win or loss will not make a big difference in a player's or coach's life.
4. **Coaching:** The opportunity to coach is a privilege granted by the Board of Directors. Any negative conduct by a coach towards players, opponents, referees, or fans during practices or games may result in your removal as coach.
5. **Practices and Games:** Coaches must make sure all players have safely left the building or have a parent/guardian providing supervision at the end of each practice or game. If you are the last one in the gym, assist the supervisor with clearing the floor and building and putting all basketball gear away.
6. **Suspension:** Any player suspended from school will not be eligible to play any game during his suspension time.

Please report all skill results to RAYBA via email (info@rayba.org) or telephone (763-425-5700). When reporting provide us the name of the teams and the scores. Any suggestions or comments concerning games or practices, contact your grade coordinator. Hotline: 763-425-5700.

GAME

1. Height of the basket: 8 feet
2. Offense: Must play with four players on the court. Spread offense is not allowed. We want all players to handle the ball and score. Stationary picks only.
3. Defense: Man to man only. No zone defense and no double-teaming. Half court defense only. Double-teaming a person without the ball is not allowed. No full court pressing is allowed. Defensive player may not attempt to steal the ball away from an offensive player at any time unless offensive player is attempting to pass. Defensive player should show proper defensive positioning and footwork.
4. Half-court rule: As soon as rebound possession is clearly obtained on the defensive

end, the other team drops back to their half-court defensive positions. If a player falls down with a rebound or is on the floor with the ball, he does not have clear possession. He must show clear possession by passing the ball. If he stands up, it is traveling. A player breaking this rule will be stopped, explained the rule, maintain possession and continue play. You will often need to remind the defensive team to go back to half court.

5. Referee: Coaches act as the referee. Only one referee per team is allowed on the floor. Keep officiating as equal as possible. Explain all fouls to the players. Reminders to not travel and double dribble should be used liberally during the season so as to not interfere with game playing time.

PLAY

1. Skills: Skills competition will precede all regular season games. (Speed Dribble, Hot Shots, Left & Right side Lay Ups, and Passing).
2. Number of players: Four players on the court. All players on the team must play evenly.
3. Length of game: The game will be divided into eight five-minute periods. There will be a two-minute half time. Official's time-out will be taken for injuries.
4. Jump balls: Legal jump balls will start each period.
5. Time outs: No time outs except an informal time out of 15 seconds. The purpose of the 15-second time out is to allow coaches to straighten out defensive assignments.
6. Injuries: Any player's injury involving the evidence of blood shall be immediately benched until the bleeding is stopped and properly covered in a way to prevent any further exposed bleeding. Report of any injury must be made by the coach to the grade coordinator with in 24 hours.

FOULS

1. Personal fouls:
 - a. Kids must raise hands on personal fouls. The foul will be explained to the player(s) committing the foul and then play will resume at the point of the foul.
 - b. Personal fouls made on an offense player while in the act of shooting will be called and explained to the offending player(s). Play will resume from out of bounds nearest the point of the foul.
2. Mid-court line: The ten-second rule will not apply. Over and back is allowed.
3. Double dribbling and traveling: At the beginning of the season most players will commit these violations. For the first half of the season, play should be stopped and the offending player should be made aware of the violation, possession kept, and play continued. For the second half of the season, play is stopped, offending player made aware of the violation, and possession of the ball given to the other team. Don't be afraid to make calls on the better players and more lenient on the lesser skilled.
4. Free throws: No free throws will be awarded during the game.